



**ZOIFOS LIFE AND BUSINESS  
ENHANCEMENT CONSULTANTS**

**JUST IMAGINE**

## **Team Resource and Revive Package**

**Objective:** Reconnect and regain mental and emotional stability to perform at their best

**Result:** A team that reaches and exceeds KPIs and are happy and engaged

**How:** 6 step programme which typically takes a month or less to complete

<u>Step 1:</u> Talk to the manager or team leader, listen to their issues and worries, resource them to cope and have headspace and energy	90 mins
<u>Step 2:</u> Group introductory call to chat about change and introduce ourselves	30 mins
<u>Step 3:</u> A series of 15 minute triage calls 1 2 1 with each team member	150 mins
<u>Step 4:</u> Group Stress Reduction and anxiety release session	45 mins
<u>Step 5:</u> Identify 3 staff most in need of further help by chatting to manager and reflecting on triage calls	30 mins
<u>Step 6:</u> 3 x 121 appointments for each of the 3 most in need to resolve any issues	540 mins

**Cost per team of 10    £3,500**

**Email: [Enquiries@zoifos.global](mailto:Enquiries@zoifos.global)**

[Book a Zoom or Call Here](#)

<https://calendly.com/zoifosglobal/how-can-i-help-you>